

## CHAIRMAN'S CHAT

Magda Sweetland & Linda Young have been editing the Newsletter for as long as most of us can remember but they have finally decided to 'put down their pens' and enjoy a well deserved retirement from their editorial duties.

On behalf of the Executive Committee and all our Members I would like to thank Magda & Linda for all their hard work and their considerable contribution over many years.

This month's Newsletter has been produced by a new Publications Team comprising Victoria Baxter and Elizabeth Purves with Mary Butson continuing to be responsible for distribution. Please note that all copy for the Newsletter should be sent to Victoria & Elizabeth.

You will have received the Handbook for the forthcoming year. Graham Smith has expressed his desire to stand down as Editor of the Handbook and this responsibility will now be taken over by Sue Henson and the Group Development Team. Many thanks to Graham for his contribution.

This is the launch month for the Enewsletter and I hope that many of you are taking advantage of this and viewing this edition electronically.

As we move into a new academic year I hope you will all enjoy and get lots of stimulation from your study groups.

Jim

Email the  
Chairman

## HOSPITALITY TEAM



The members who bake cakes and serve tea at monthly meetings and other events are now known as the Hospitality Team. The new arrangement for serving teas in the small room at the back of the Community Centre, instead of from the serving hatch in the main hall, has proved very popular. It speeds up the queuing and provides tables and chairs for those members who prefer to be seated. Members of the team, led by Di Latter, take it in turns to be on duty. New volunteers are always welcome.

## Diary

### October

Mon 12	Science Group
Mon 12	Apple iPad, IMac, iPhone & Watch
Wed 14	Bridge for Pleasure
Mon 19	Computer Group
Tues 20	Strollers
Mon 26	Half Day Walking
Wed 28	Bridge for pleasure
<b>Wed 28</b>	<b>Monthly Meeting</b>

### November

Tues 3	Ely Cathedral Tour
Mon 9	Science Group
Mon 9	Apple iPad, IMac, iPhone & Watch
Mon 16	Computer Group
<b>Wed 25</b>	<b>Monthly Meeting</b>
Fri 27	Strictly Variety: U3A Arts & Drama Group

### December

Sat 19	The Mill Theatre Sonning outing
Mon 14	Science Group
Mon 14	Apple iPad, IMac, iPhone & Watch
Mon 21	Computer Group

### 2016

### May

Tues 17 - Sat 21 Visit to Dresden and Leipzig

## MONTHLY MEETING

### 2.00pm Wednesday 28 October

The meeting at the Bat & Ball Community Centre will feature an illustrated narration entitled *Tales from our Past*. It comprises a series of tales, some farcical, some tragic, but all true drawn from the long and distinguished history of Sevenoaks. The script has been written by Diana Edwardes, a local writer and director known particularly for her Community Theatre projects. There will be three narrators accompanied throughout by an audio-visual showing the people, places and objects by Graham Usher of the Sevenoaks Camera Club.

Copy for October Newsletter by Tuesday October 13th via this link:-

Email the  
Publications Group

## MEET THE EXECUTIVE COMMITTEE



**SECRETARY**  
**Judy Hebert**



**CHAIRMAN**  
**Jim Purves**  
responsible for internal affairs



**VICE CHAIRMAN**  
**Beryl Mansell**  
responsible for external issues



**GROUPS ORGANISER**  
**Sue Henson**



**SOCIAL CHAIRMAN**  
**Pam Walshe**



**MONTHLY MEETINGS**  
**Nick White**



**MEMBERSHIP SECRETARY**  
**Linda Gilbert**



**TREASURER**  
**Brian Cairnie**

## ENEWSLETTER WATCH

To date **116** members have signed up.

This represents an annual saving of **£770!**

Help your U3A - sign up now  
via this link:

Email the  
E-newsletter Manager

## DATABASE

In order to keep track of our U3A membership we maintain a database of members' details.

Over the past year this has been very efficiently managed by Elaine Knight-Elston. Unfortunately, Elaine has had to give up her role as Database Manager. I would like to say a big thank you to Elaine for her dedication and enthusiasm, she will be sorely missed as a key member of the Membership & database Team.

David Jackson is kindly holding the fort on a temporary basis.

Jim

## BERYL'S BLOG

### Why do we have a Vice Chairman?

As Sevenoaks U3A has grown the workload of the Chairman has expanded too. More recently it has almost been a full time job so the Executive Committee decided to devolve some of the work.

External issues and links with outside bodies are now handled by me, the Vice Chairman, while the Chairman, Jim Purves handles everything else.

So what do I do? I liaise with National Office and neighbouring U3As and attend meetings of the Kent Network, the umbrella body for the Kent U3As. Issues affecting all U3As are discussed and there is a chance to share ideas over lunch.

David Taylor and I went to a workshop about new management systems being developed for U3As, which could simplify much of our administration, and I was invited to Kings Hill U3A's summer meeting, which was really enjoyable because they served an excellent cream tea after the speaker. I am hoping for another invitation next year.

Beryl

## MEETINGS AND EVENTS OPEN TO ALL See diary page 1 for complete list of events

### Science Group Monday 12 October

#### Facing the challenge of antibiotic resistance.

##### Talk by Mark Paget

Antibiotics form the cornerstone for current treatments of bacterial infections. However, the inevitable emergence of resistant bacterial strains is a major threat to human health. The speaker will discuss the nature of antibiotics, their discovery and approaches for re-engineering them. He will also discuss the nature of antibiotic resistance, how it emerges and spreads, and what we can do about it.

Otford Village Memorial Hall, 2pm.

All Sevenoaks U3A members welcome.

£2 entry includes tea.

Win Gutteridge

### Ambling

Wednesday October 21st. Meet in the lower car park of The Vineyard, The Down, Lamberhurst (TN3 8EU) for a 4-mile walk, starting at 10:00 am. Leave the A21 and enter Lamberhurst along School Hill and The Broadway. After The Chequers pub on the left veer right into High Street (B2100), this turns into King's Hill, at the top of the hill veer right and the pub is on the right after 100m. The walk will be followed by an optional lunch.

Leader: Janet Wilson

### Computer Group Monday 19 October

#### Search Engines: Getting Best Results From Them

##### Talk by Russell Long

- Which One to Use?
- Best Techniques for Searching the Internet
- What a Search Engine Really Does
- Google – More than Just a Search Engine
- How Safe is Searching/Shopping Online?

At Otford Village Memorial Hall 2pm.

All Sevenoaks U3A members welcome.

£2 entry includes refreshments.

Mike Bamforth

### Bridge for Pleasure Weds 14 & 28 October

The Group plays at Otford Village Hall on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday mornings of each month from 9.50 a.m. until 12.15 p.m. The winner on 24<sup>th</sup> June was Denise Record, on 8<sup>th</sup> July Pam Kemp and on 22<sup>nd</sup> July Ceris Williams.

We are an "open" group, so any new players can just come along.

Colin and Mary Butson

### Apple iPad, iMac, iPhone & Apple Watch

Meetings on the 12th October, 9th November & 14th December at the Otford Methodist Church Hall from 2 - 4pm

Dave Simmons

### Half Day Walking Monday 26 October

Meet at Chevening Church NGR 489577 in time for a 10 am start. A five mile walk to the North Downs Way passing the Chevening Keyhole. The walk will visit Kipling's Way through the Woods, the subject of his famous poem. Optional lunch at the White Horse in Sundridge. It is a replacement for the August walk which was postponed due to heavy rain.

Leader: Nick White

### The Strollers Tuesday, October 20th

Start 11.00am in Horton Kirby from Westminster Field free car park off The Street. Postcode DA4 9BY. Pub lunch at the Fighting Cocks.

From West Kingsdown take the A20 towards Farningham roundabout, turn right before the roundabout into Eglantine Lane. From Eynsford on the A225 turn left at A20 Junction, go round the roundabout, back down the A20 and then first left down Eglantine Lane. Then left into Rays Hill which becomes The Street.

Leader: Barbara Coleyshaw

## MEMBERS' CORNER

Email the  
Publications Group

(Victoria and Elizabeth) with material ideas

### Ightham: At the Crossroads

This is Ightham's history from prehistoric caves to the Queen's Jubilee in 2012 by U3A members Jean Stirk and David Williams, the first complete history. It covers the different people, their various roles in the community, changing attitudes from local and national influences, patterns of living and the physical setting. (408pp 256 images pub June 2015)

Available from Sevenoaks Bookshop, or David Williams on 01732 764068, at £16 + £4 p&p UK





## NEWS FROM THE GROUPS

Sue Henson

Email  
Group Development

### **U3A Snooker Group 2pm on the second and fourth Thursdays in the month.**

FIRST BIRTHDAY!



The U3A Snooker group is one year old - or thereabouts! It was a slow starter as it took quite a while to find a suitable base for the Club. There are very few snooker halls in the Sevenoaks area with more than one full size snooker table.

However, we succeeded in spades, as our current home boasts no less than 6 tables. All are in good condition and in a 'pukka' snooker hall with all equipment provided and at a very modest charge! It is located at The Olympic Centre on the outskirts of Swanley. Before you groan, please be assured that it is very easy to reach from all parts of the Sevenoaks area and the parking is free and plentiful.

We have a core group of about half a dozen members and we play at 2pm on the second and fourth Thursdays in the month. The common cry from pretty much all our members is 'haven't played since I was a lad'! Then there are a string of excuses such as bad eye sight, bad arm, dizziness, fallen off a ladder etc etc. So please don't think that you aren't good enough to join our group - it really isn't the same as what you watch on the TV! We would very much welcome new members of all abilities and either gender.

Liz Lucy

Email the  
Group Organiser

### **Psychology Group**

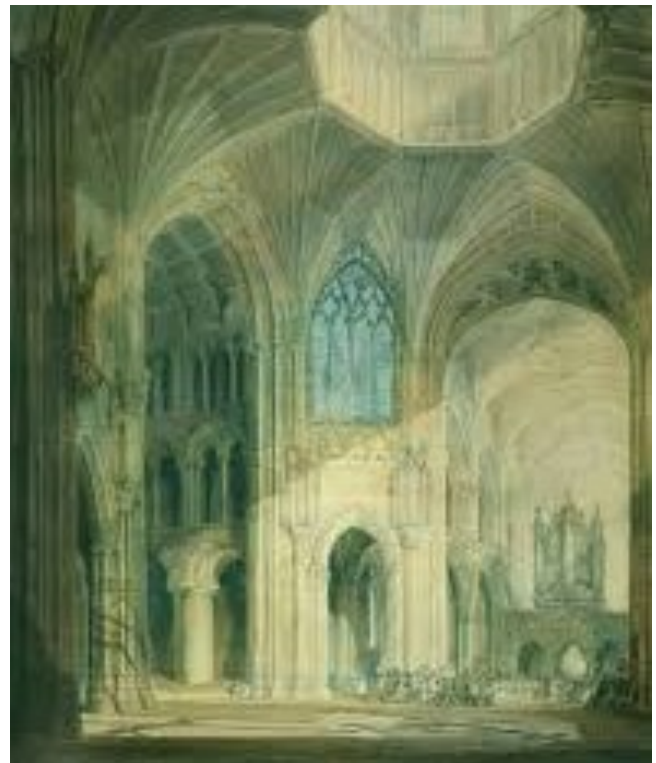
**3rd Friday of every month 2 - 4pm**

A new group set up this year. At our first meeting we will cover Mindfulness and Meditation, working on your emotional well-being. The next month will be on Transactional Analysis, understanding more about human behaviour, and our meeting in December will be on Decluttering. Ideas on letting go of "things" and making time and space in your life.

Indeg Robinson

Email the  
Group Organiser

## SOCIAL EVENTS NEWS



There are one or two places left for the Ely Cathedral Tour on Tues Nov 3, followed, if you choose, by a visit to the Stained Glass Museum, Oliver Cromwell's House, or The Ely Museum. If interested please fill in the flyer, included with the August Newsletter or available on the Sevenoaks U3A web site



May 17-21 2016. The visit to Leipzig and Dresden needs just a few more members to join those already committed to make it viable. Details on the last page of the August Newsletter or on the Sevenoaks U3A web site. If interested please contact David Gardner as soon as possible via this link:

Email the  
Event Organiser